

CIMVHR TPL Call for Proposals – “Mental Health Support for Military Families and Veterans in Québec: A Feasibility Study”

Background

Across Canada, military families and Veterans can experience a great deal of difficulty with accessing and maintaining healthcare services. While these unique populations are inherently strong and resilient, particular demands of military service, such as, but not exclusive to, relocation, an absence of family and social support, and career factors, can aggravate health conditions, particularly those relating to an individual’s mental health.

The Canadian Armed Forces has a significant presence in Québec, which is accompanied by a strong representation of military family and Veteran populations. Currently, existing providers (e.g. Military Family Resource Centres) who service military families and Veterans in Québec are working hard to support the healthcare and mental health needs of their clients. However, mental health programming for these unique populations remains a significant challenge. There are opportunities for private and public partnerships to make a genuine difference in the healthcare for these populations.

CIMVHR, on behalf of the True Patriot Love Foundation (TPL), is seeking a researcher to perform a needs assessment with a specific focus on mental health requirements for military families and Veterans who reside in Québec as well as an environmental scan of the current state of programs and services. Ultimately, outputs of the proposed research project will be used to identify priorities and opportunities to providing services and programs for these unique populations to inform an expansion strategy for TPL in Québec.

Objectives

The goals of the proposed research project are to:

1. Develop a deeper understanding of mental health needs for military families and Veterans who reside in Québec;
2. Conduct an environmental scan and evaluation of the current state of programs and the service delivery network;
3. Propose a comprehensive approach, including recommendations, to expanding and/or introducing services and programming for military families and Veterans in Québec.

Desired output

The proposed research project should culminate in the production of a final report to be delivered to TPL via CIMVHR. It is expected that the final report will include:

- A summary of the needs assessment, particularly in the area of mental health services, for military families and Veterans who reside in Québec. The needs assessment should also identify gaps in services provided to the target populations.



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- An analysis of the current state of existing programming and the service delivery network in Québec. This analysis would also include an evaluation of TPL's existing programming in Québec, whereby TPL will provide insight as required.
- Recommendations for proceeding with providing services and programming in Québec for military families and Veterans, including:
 - o A budget to support expansion recommendations;
 - o A timeline to outline how funding would be allocated over time;
 - o An estimate of the number of people that could be served within the proposed timeline;
 - o Proposed key performance indicators (KPIs) to measure expansion efforts and to monitor progress; and
 - o Identification of other potential partners (e.g. funders, or service providers).

Eligible Applicants

Proposals must be led by a Principal Investigator who is an academic researcher affiliated with a Canadian CIMVHR University Member.

Deadline

Final proposals must be submitted to Stéphanie Bélanger, at stephanie.belanger@rmc.ca, on or before May 11, 2018 for consideration and evaluation.

Contacts

CIMVHR is available to discuss the feasibility of your proposed research prior to completing and submitting the proposal.

For further information, please contact:

Madelaine Meehan
Project Manager
Canadian Institute for Military and Veteran Health Research
Queen's University
Phone: 613-533-6000 x 74533
E-mail: madelaine.meehan@queensu.ca