TRAVEL, ACCOMMODATION, AND GENERAL INFORMATION

for the

STO LECTURE SERIES HFM-284

on

"MORAL DECISIONS AND MILITARY MENTAL HEALTH"

to be hosted by

The Royal’s Institute of Mental Health Research

GENERAL INFORMATION PACKAGE

1. INTRODUCTION

This package contains information to assist you with the planning of your participation in this lecture series at The Royal’s Institute of Mental Health Research (IMHR) (CAN) on 28-29 November 2017, organized by the Human Factors in Medicine Panel, The Royal’s IMHR and the Directorate of Mental Health, Health Services Head Quarters - (local coordinator).

Enrolment/Registration for the lectures is mandatory. You must enroll on-line at

https://events.sto.nato.int

There are no conference fees for STO Lecture Series. The Local Coordinator and point of contact, Major Wayne Willmott, will be happy to assist you and supply any additional information required. He can be reached at:

Major Wayne Willmott
Directorate of Mental Health
Health Services Head Quarters
3500 Carling Avenue
Ottawa, Canada K1A 0K2
Phone: 613-901-9622
Fax: 613-901-1754
E-mail: Wayne.Willmott@forces.gc.ca

For your convenience, the package is organized as follows:

1. Introduction
2. Meeting site, information
3. Registration
4. Accommodation
5. Useful Websites
6. Travelling to Ottawa, Canada
2. MEETING SITE, INFORMATION

a. Meeting site

The STO LECTURE SERIES HFM-284 on “MORAL DECISIONS AND MILITARY MENTAL HEALTH” will be held at The Royal’s Institute of Mental Health Research, Ottawa, ON, Canada at the following address:

1145 Carling Avenue
Ottawa, ON, Canada
K1Z 7K4

Attendees must register online for the Lecture Series no later than November 7th, 2017, for Non-NATO nations and 14 November for NATO nations. Upon entering the venue, attendees must be prepared to show picture identification that matches their registration. Visit Clearance Requests are not required to enter the venue.

b. Language
All presentations and discussions will be held in English.

c. Coffee breaks
During the morning and afternoon refreshments will be available.

d. Lunch
Lunch is at the attendee’s own expense. There are a number of restaurants within a 15-minute walk of the Institute of Mental Health Research venue.
3. **REGISTRATION**

Registration will start at 8:30 on Monday morning, November 28th at The Royal’s Institute of Mental Health Research venue.

4. **ACCOMMODATION**

Attendees must arrange their own accommodation. A brief listing of hotels is as follows. It must be noted that there are not many hotels within easy walking distance to this venue. There is one mid-level hotel located within 500metres of the venue. See this link: (https://www.bestwestern.com/en_US/book/hotel-rooms.66023.html?iata=00171890&ssob=BLBWI0003G&cid=BLBWI0003G:yext:website:66023)

There are many hotel options in the downtown core of Ottawa and a number in the West end of the National Capital Region. Some options are listed below:

Byward Market area (close to restaurants, shopping, tourist attractions; approximately 10 KM from the venue)
- Courtyard by Marriott: [www.marriottcourtyardottawa.com](http://www.marriottcourtyardottawa.com)
- Les Suites Hotel: [www.les-suites.com](http://www.les-suites.com)
- The Brookstreet Hotel (West End of NCR – 19 KM from the venue) - [https://www.brookstreethotel.com/](https://www.brookstreethotel.com/)

A listing of other hotels is available at [www.ottawatourism.ca/stay/](http://www.ottawatourism.ca/stay/)

5. **USEFUL WEB SITES**

Ottawa tourist attractions and more: [www.ottawatourism.ca](http://www.ottawatourism.ca)

Ottawa 2017 website: [www.ottawa2017.ca](http://www.ottawa2017.ca) (Special events to celebrate Canada's 150th anniversary of confederation)

6. **TRAVELLING TO OTTAWA, CANADA**

The Ottawa International Airport is the only airport servicing commercial flights to Ottawa: [https://yow.ca/en](http://https://yow.ca/en).

**Transportation from airport**

The transportation options from the Ottawa International Airport to the venue are via taxi, Uber, or public transit using OC Transpo Bus 97 ([www.octranspo.com](http://www.octranspo.com)).

**Visas**

A valid passport is required for entry into Canada for nationals of most countries. You are encouraged to confirm with your national authorities if other documentation (such as visas) is required before departure to Canada.